

Essex



Events

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Volume 17 • Quarter 3 • 2013



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First Selectman's Corner

Thankfully, and finally, summer has arrived and we are all enjoying this warm weather and the abundance of outdoor activities our Town has to offer. It is great to see all our residents and visitors in town enjoying our marinas, shops, restaurants, and attractions that all make Essex a unique place to live.

Please get out and enjoy the remainder of our summer events in Town, including:

- Ivoryton Village Farmers Market, Summit Street/Ivoryton Playhouse, Saturday mornings
- Summer Concerts Series, Main Street Park/Ivoryton Green, July 3-August 6
- Thursdays on the Dock, Connecticut River Museum, July 11- August 29
- Antique & Classic Boat Show, Connecticut River Museum, July 13
- Lions Club Lobster Bake, Main Street Park, August 3
- First Baptist Church Art & Craft Fair, Main Street Park, August 17

As you may know, the Town of Essex was awarded a Small Town Economic Assistance Program (STEAP) grant for the Civic Campus Enhancement Project. This project will allow the town to expand the number and size of community events by renovating

and expanding the Town Hall parking area, replacing the Grove Street playscape, renovating the tennis courts, and connecting the town hall and library campuses while improving pedestrian safety. A team of town officials, local engineers and contracted engineers are working together now in the project design



First Selectman Norm Needleman

continued on page 8

Stay Informed




Signing up for the Essex News e-mail list will provide you with information and updates on events from the First Selectman's Office. (Your address will be used solely for this purpose.) To add yourself to the list, email your contact information to essexnews@essexct.gov with the subject **Town Email List**.

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Chester: \$629,000
 This 2006 quality built home enjoys a scenic setting abutting open space & large 1st floor master bedroom. Gourmet kitchen includes breakfast nook, stainless appliances & granite counters. Close to downtown & commuting routes!
 860-304-9150 Joel-Lucas.com



Deep River: \$295,000
 Welcome to "Spruce Ledge Farm" a classic 1750 center chimney Cape on two idyllic acres w/large 2-story barn, fencing and apple trees. 7 rooms, 3 bedrms, 4 fireplaces, 1st flr master bedroom.
 203-676-1061 RogerParkman.com
 860-395-8433 DianeGregory.com



Deep River: \$254,900
 This adorable Cape feels bigger than it is. Open flr plan, LR/DR w/FP. Spacious BRs & finished FR in walkout bsmnt. Many improvements recently done. Large storage shed w/power. All wired for generator on quiet street.
 860-227-9798 PeterBonanno.com



Deep River: \$215,000
 Extremely Charming best describes this 3BR 1910 Farmhouse. Original moldings. Beautiful wood flrs, interior doors & staircase. Large open foyer & relaxing front porch. New windows on 1st flr & oil tank, newer roof & water heater.
 860-306-2812 LaurelPeters.net



Essex: \$995,000
 Charming Victorian overlooking boatyard & river. Old World details yet updated w/open floor plan & gourmet kitchen. Walk to village shops & restaurants.
 860-559-0742 ConstanceO'Brien.net



Essex: \$795,000
 Unique, elegant 4BR, 2.5BA home. New granite gourmet kitchen, den, living rm w/FP, wet bar, dining rm overlooking deck & landscaped gardens. Great for entertaining. Possible 1st floor master suite.
 860-227-5975 JamesLeo.com



Essex: \$655,000
 Private Waterfront Retreat in Essex. Sit, relax & enjoy protected views from your Trex deck. Spotless w/gleaming wood floors, custom lighting, granite & stainless kitchen. Finished lower level for In Law, Au Pair, etc.
 860-581-3066 Joanne-Ryan.com



Essex: \$635,000
 Gracious, renovated, 4BR, 2.5BA Colonial, circular drive, stone walls, formal LR w/FP & wet bar, formal DR, new KT cabinets, appliances & granite counters, library w/FP, MBR Suite inc walk-in closet, office.
 860-227-5975 JamesLeo.com



Essex: \$495,000
 Stately Colonial on a cul-de-sac backs up to open space. New granite counters & vanities, new stainless steel appliances. Open floor plan, private patio, lots of closet space.
 860-227-9798 PeterBonanno.com



Essex: \$389,000
 As nice as this home is on the inside, you will love what has been created outside. A natural gathering place w/ fire pit, patios, deck & pool overlooking private backyard. Newer KT, furnace, well pump & A/C system.
 860-227-9798 PeterBonanno.com



Essex: \$359,000
 Renovated, beautifully maintained, 3BR Colonial, New kitchen, formal living room & dining room, large family room & deck for outdoor living. Access to lake for kayaking & fishing.
 860-227-5975 JamesLeo.com



Essex: \$269,000
 Adorable, Affordable Essex. Ranch home with access to Cove at end of road. 2 bedrooms, fireplace, level back yard, patio, 3 season room, oil heat. Septic new in 2012.
 860-510-2848 MargueriteMattison.com



Essex • 860.767.2636
 5 Main Street



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ESSEX

ESSEX - Exquisite Essex Village Waterfront. James Phelps Homestead circa 1845. Greek Revival impeccably restored, includes private elevator, wine cellar, Gourmet kitchen, Formal Dining Room, 3 fp, 3 bedrooms, 3½ baths. A three bay Carriage House with guest accommodations, boathouse/gazebo, bulkhead and davits on Middle Cove. Amazing views! Offered at \$2,900,000



ESSEX

ESSEX - Waterfront in the heart of Essex Village on Middle Cove. Spectacular views! Main House, Guest House, ingrd pool, fully separate barn perfect for a studio or office. Addnl house with sep. deed available to allow for a compound. Offered at \$2,850,000



ESSEX

ESSEX - Dramatic contemporary, renovated, spacious, open loft-like home, chef's kitchen, bamboo cabinets, all high end appliances, Subzero, Viking etc. CT River frontage, boat house, deep water mooring, dock, beach, guest suite and in-law apt suite. Offered at \$1,890,000



ESSEX

ESSEX - Totally renovated Waterfront Cape in the heart of Essex Village on Middle Cove. Spectacular views! 3 bed. 3 baths, new kitchen, woodfloors throughout. Large covered deck overlooking the Cove. 2 car garage. Sold separately OR as a compound . Offered \$1,450,000



ESSEX - NEW LISTING

ESSEX - Niles Tooker 1850 Federal Colonial on village street of historic homes. Wide pine floors, four fireplaces, 1st floor Master suite. Pristine condition, updated interiors. Beautiful mature gardens and views of CT River. Five minute walk to village. Offered at \$929,000



ESSEX

ESSEX - Masterfully restored, fully renovated 3-4 bedroom colonial cape c.1782 features beautiful gardens and koi ponds. Antique floors and wood-burning fireplaces combined with top-of-the-line appliances, Waterworks fixtures, outdoor deck, and a newly-built heated gunite pool. Property includes a second structure with a separate driveway that can be converted into a guest house. Offered at \$925,000



NEW LISTING - FARMHOUSE

ESSEX New England farmhouse. Set on a level lot, this charming home offers a 1st floor master suite with fireplace, 3 guest bedrooms, 2.5 baths, lovely sunroom with private terrace, and guest cottage ideal for a home office. Walk to Main St., Marinas, town landing and CT River. Offered at \$749,000



DEEP RIVER - WATERFRONT

DEEP RIVER - Water views of the Connecticut River from this 1790 Cape and Guest House. Beautifully restored keeping the original & incorporating modern conveniences. 3 bedrooms, 2.5 baths. Custom eat-in kitchen, Viking, Subzero, AC. 4 fireplaces. Landscaped. Water access . Offered at \$729,000



DEEP RIVER

DEEP RIVER - Fabulous bright contemporary on 4+ private acres nestled between Essex and Deep River. Enjoy spacious rooms, wood floors throughout, Gourmet kitchen and a beautiful multi-level deck. 2900 square feet does not include finished lower level. Offered at \$525,000

Colette Harron 860.304.2391



ESSEX BROKERAGE | 13 MAIN STREET | 860.767.7488

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NEW LISTING

Essex: Warm & charming village residence with first floor master bedroom suite, large great room w/fireplace, chef's kitchen and formal living room, all completely renovated to perfection with new systems and beautiful outdoor living space.

MLS: M9140790 \$775,000



FABULOUS FENWICK

Old Saybrook: Superbly designed and constructed, this shingle style residence exudes casual comfort with elegant style. Stunning kitchen with marble countertops, magnificent great room, gorgeous master suite and views views views, all with fabulous Fenwick amenities.

MLS: M9140573 \$2,895,000



DEEDED DEEP WATER DOCK ACCESS

Essex: Within walking distance of Essex village this exquisite Cape exudes charm. Magnificent views beyond description over north cove to the CT River & beyond. New baths, first or second floor master bedroom possible.

MLS: M9140046 \$955,000



HATCHETTS POINT WATERFRONT

Old Lyme: This stunning, beautifully maintained direct waterfront custom built cape with open floor plan is sited on 1.7 private acres in desirable Hatchetts Point. Magnificent views & sweeping lawns lead to a private sandy beach. Dreamy master suite/sitting room!

MLS: M9139323 \$2,500,000



CHARMING GAMBREL

Essex: This lovely home, known affectionately as "The Bee Hive", has been newly renovated and tastefully decorated in soft serene hues. Located a short distance from Essex Village, it sits on a quiet cul de sac in a much admired neighborhood.

MLS: M9139066 \$579,000



NEW LISTING

Essex: The Phillip Tooker House c. 1815 is a historic gem. An elegant renovation brings this home to gracious perfection. The first floor boasts a master bedroom suite with marble bath, Chef's kitchen and great room with 10 ft. coffered ceilings, custom cabinetry and bluestone fireplace.

MLS M9141065 \$1,325,000



SOUTH COVE HILLS

Essex: A stunning home with seasonal views of the cove offers a versatile, open floor plan for both casual living and formal occasions. Built in 2005, quality materials and superior craftsmanship are obvious throughout. A Great Room with fireplace flows into a family dining area and chef's kitchen. Outside, enjoy a covered porch, deck and patio overlooking green lawns.

MLS: M9137585 \$735,000



NEW LISTING

Essex: Located on a scenic country road close to Essex Village, this dramatic 2,000 sq ft contemporary offers a wonderful, open, sunlit floor plan with a first floor Master suite. Banks of sliding glass doors open onto a large deck that overlooks the 1.69 private acres of natural rock outcroppings, gardens, and a grassy meadow.

MLS: M9141409 \$442,900.



Jennifer Caulfield 860.388.7710
Jane Pfeffer 860.227.6634

Jennifer & Jane Associates
jenniferandjane@wpsir.com

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William Pitt

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Rick Weiner
860.227.3191

rweiner@wpsir.com



Essex Riverfront Style, comfort and over 6000sf of incredible living and entertaining space. Spectacular views. 4.4 acres w/pond & dock. Sensational! Offered at \$2,350,000



Essex Riverviews Stunning water views are enjoyed from this classic contemporary home set above the CT river. First floor master bdrm, au pair suite, 3 bay garage, pool. Offered at \$1,875,000



Essex Riverfront Exceptional views from this 3400sf home set on 1.7 acres with a gently sloping lawn leading to a sandy beach and dock on the CT river. Offered at \$1,795,000



Essex Village c.1732 Former Osage Inn. Bursting with charm and rich architectural detail! 4,227sf on .62 acre at the head of Main Street. 5 bdrms, 3.1 bths, 6 fireplaces. Offered at \$1,395,000

Diamond Award 2012

\$21,111,500
in Sales 2012

Top 1% in Sales
Company Wide
CT & NY 2008 - 2012



Essex Village An amazingly bright and open remodeled Federal with a gorgeous chef's kitchen, first floor master suite, third floor office and spacious yard. Offered at \$895,000



Essex A masterpiece of artful renovation with first floor bedroom suite set on a lush .59 ac landscaped lot. 3 bdrms, 2.1 bths, 2 fplcs, attached garage. Exquisite! Offered at \$749,000



Essex Village Enjoy village living in this surprising craftsman-style colonial. First floor bedroom suite w/deck, open floor plan, spacious family room, garage. Offered at \$725,000



Essex An immaculate remodeled 3 bdrm waterfront Heritage Cove condo. Understated elegance enhanced by built-ins, fireplace & open kitchen. New wood flooring, baths, central air, garage. Offered at \$299,500

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THE JAMES PHELPS HOMESTEAD C.1845



Essex: Architecturally significant Greek Revival waterfront is located in the heart of Essex Village. Impeccably restored offers a 3 bay barn w/guest apt. and boathouse/gazebo w/bulkhead and davits on Middle Cove. MLS: M9141071 \$2,900,000

PERFECT CUL-DE-SAC HOME



Essex: Stunning foyer, formal LR & DR, first floor office/bedroom, spacious first and second floor FR (first floor FR has fpl & built-ins) Lovely kitchen w/ granite & stainless. Three car garage. MLS: M9138038 \$599,000



Kathy Schellens 860.395.4441
kschellens@wpsir.com

IMMACULATE CLASSIC COLONIAL



Essex: Gracious Colonial! Excellent location! Beautiful formal LR w/fp and builtins, formal DR w/bay window & built-ins, spacious family room w/fp plus office/library. 2nd FR w/fp on lower level. Brick patio, 2 car garage. Short walk to Essex Village. Exceptional! MLS: M9141224 \$549,900

FANTASTIC OPPORTUNITY



Essex: Quiet private location-walk to town. Pretty setting! Spacious Living Room w/ fireplace, Formal DR, Large Family Room w/fireplace, Kitchen w/granite & stainless, 2.1 baths. Not your typical floor plan. Come see this wonderful home! MLS: M9140444 \$369,000

CLOSE TO TOWN



Essex: Move right in to this reproduction gambrel. Recently painted. Very spacious living room with fireplace. Lovely moldings. Floors refinished. Screened porch. Full basement. Private yard with several outbuildings. MLS: M9141133 \$225,000

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ESSEX

ESSEX - On a cape overlooking the North Cove and the Connecticut River, this waterfront property features a historic clapboard house built in 1870 with double columns stretching the full length of the open porch, eight foot high windows, a widow's walk and original carriage house. The property is walking distance to the Village of Essex. Offered at \$1,995,000.



WATERFRONT ESTATE PARCEL

ESSEX - Five generous waterfront building lots at Foxboro Point. Breathtaking views of the CT River, Lyme Hills, and North Cove. Enjoy a private location within walking distance to the Essex Village. Site plan assures open vistas for each. Perfect site for a classic home with every modern convenience. Price Upon Request.



ESSEX - NEW LISTING

ESSEX - Once-in-a-lifetime opportunity to own The Windmill. This unique waterfront building lot is one of the most recognized features on the Connecticut River. The Windmill features multiple floors of living area including a living room, wet bar, 2 bedrooms, full bath and more. Offered at \$1,925,000

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CONVERSATION starter

Q: When is the best time to talk to your parents about the future?

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Essex Events

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• *Selectman's Corner continued from page 1* •

and planning. We hope to see all work completed this fall and are very excited in the dramatic improvements that our residents and visitors will enjoy.

We successfully completed our fiscal year 13/14 budget process this past May. A proposed \$6,967,461 town government budget and a proposed \$7,634,917 appropriation for Essex Elementary School were approved. The town government budget, which represents a \$113,821, or 1.66 percent, increase over the current budget, and the elementary school budget, which is up by \$100,326, or 1.33 percent, over the current appropriation, are combined with the town's \$8,081,772 share of the Region 4 education budget for a total \$22.68 million spending plan for 2013-2014.

The Board of Finance has set the property tax rate for 2013-2014 at 18.99 mills, an increase of 0.52 mills from the current tax rate. We do our absolute best to create a budget that maintains a level of service you expect while being very mindful of the economy and the challenges our families face. On another note the town is currently engaged in a full 10-year town-wide property revaluation that includes inspections of all residential and commercial properties. Moving forward, we will refine and update our capital needs list and we are exploring bonding in the fall, for immediate necessary work including the school roof, town bridges, roads and sidewalks, and improvements to Town Hall.

We strongly recommend that our neighbors in Essex be cognizant of hurricane season which is now upon us. Hurricane season is listed as June 1-November 30 each year, though storms can occur outside these dates. We recall well our recent storm events in Essex each of the past two years which is even more reason to have your homes and families ready in case of an emergency. The Town of Essex created the Emergency Preparedness Guidebook for our residents and you may refer to these guidelines to help you prepare. Copies of the guidebook are available for you to pick up at Town Hall, also you will find this document on our website, www.essexct.gov, click Government, click Departments, click Emergency Management.

The Board of Selectmen would like to congratulate Mary Ellen Barnes who was recently hired as Essex's new Social Services Representative, and Belden Libby who was appointed as town's new Animal Control Officer. We are confident they will serve the Essex community admirably. We hope you have noticed the DRIVE LIKE YOUR KIDS LIVE HERE signs in town. Please respect its message and slow down on our roads and help keep everyone safe.

Have a safe and fun summer and no matter where your summer travels may take you, Essex will always welcome you back!

— *Norman Needleman, First Selectman*

**Deadline for the next issue of
ESSEX EVENTS
is September 20th.**

Town Clerk's Office

Welcome to Centerbrook, Essex and Ivoryton

- Rita Christopher**, 15 Primrose Ledge, Essex
Dawn & Sean Monde, 51 Dennison Road, Essex
Maria Murray, 27 Gates Road, Essex
John M. Fitzgerald, 24 Heron Pond Road, Essex
J. Robert & Elizabeth W. Gunther, Jr., 25 Carol Drive, Ivoryton
Richard G & Catherine C. Puccio, 47 South Main Street, Essex
Maryann Donagher, 8 View Street, Centerbrook
Robin Renault & John L. Menzies, 17 Dogwood Drive, Centerbrook
Leonard Goldberg, 15 Old Dobbin Lane, Ivoryton
Adam & Victoria Pipkin, 55 Pond Meadow Road Ivoryton
Elizabeth K. Nocera & Michael P. Long, 5 Sunset Terrace, Essex
Timothy M. & Kathryn F. Greene, 1 Hilltop Avenue, Essex
Nicole E. Stark, 21 Donald Road, Essex
William P. Ammon, Jr., 2 Dennison Lane, Essex
Kristie M. Barber, 25 Sunset Terrace, Essex

Loss of our Residents and Friends

February

John H. Lane, Jr.
 Henry D. Sharpe Chafee

April continued

Theresa V. Stopa
 Kerri A. Phillips
 Robert J. Baldwin

March

Margaret O. Hyde
 Caroline G. Constantine
 Alphee Poitras
 Frederick E. Koch

May

Garth W. Edwards
 James P. Donahoe
 Marvel S.A. Gill
 George M. Lethbridge, Jr.
 Katherine K. Fuller
 Margarita Torres
 John L. Armitage
 Arne Mark

April

David C. Hyde
 Hermione T. Schoen
 Jonathan Alvarado

June

Eileen S. Perry

Household Hazardous Waste Collection

July 13 & 27, August 10 & 24,
 September 7 & 21

9 am - 1 pm • 5 Dump Road, Essex

ESSEX TOWN HALL

767-4340 (Unless otherwise noted)

THE ESSEX TOWN HALL is open 9 a.m. to 4 p.m., Monday through Friday
 THE LANDFILL AND RECYCLING CENTER is open Mondays, Thursdays,
 Fridays & Saturdays, 7 a.m. to 3 p.m.

SELECTMEN'S OFFICE

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 Darcy Roper x144 droper@essexct.gov

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LANDFILL/RECYCLING CENTER

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 Mike Birner, Supervisor
 Bill Armstead

PARK AND RECREATION COMMISSION

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 Mary Ellen Barnes, Rec. Coordinator x110 mbarnes@essexct.gov

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 William Angier, Boris Churyk,
 James Danks, Richard Gallacher

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 John Heiser x142 registrar@essexct.gov

RESIDENT STATE TROOPER

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 Russell Gingras, Corporal rgingras@essexct.gov
 Paul Kenefick jkenefick@essexct.gov
 Scott O'Donnell sodonnell@essexct.gov
 Todd Belcourt tbelcourt@essexct.gov

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x201

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 Lynne Skinner x121 lskinner@essexct.gov

TOWN CLERK

Frances Nolin, Town Clerk x129 townclerk@essexct.gov

TOWN HALL OPERATIONS

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 John Schumacher

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Robert Dixon, Treasurer x127 rdixon@essexct.gov
 Kelly Sterner, Director of Finance x122 ksterner@essexct.gov

ZONING ENFORCEMENT

Joe Budrow, Enforcement Agent x115 jbudrow@essexct.gov
 Kerry Berardinelli x119 kberardinelli@essexct.gov

www.essexct.gov

Planning a Home Renovation or Painting Project?

Step One...Plan to Prevent Lead Poisoning. The *Don't Spread Lead Campaign* is a regional effort throughout Connecticut that is dedicated to eliminating lead poisoning in children and adults as the result of home improvement projects. The disturbance of lead paint that occurs during home improvement and painting projects in homes built before 1978 poses a serious threat to the health of adults and children. Many homeowners who are undertaking this type of work are unaware that when they disturb painted surfaces, tiny lead particles can be released that are too small even to see. Lead-based paint can be on walls, ceilings, woodwork, windows, and sometimes floors. When lead-based paint on

these surfaces is broken, sanded, or scraped, it breaks into tiny, sometimes invisible pieces that a child may swallow. Even a seemingly small repair and renovation job, including repainting projects, can create enough lead dust that when inhaled can cause lead poisoning in adults.

Most homes built before 1978 contain some lead-based paint. Homes built before 1950 used paint having a higher concentration of lead and it was used more extensively throughout the home. The CT Department of Public Health's *Lead Poisoning Prevention and Control Program* has many excellent resources to educate citizens and help them understand the simple measures that they can take to avoid lead poisoning during home improvement projects. Visit the DPH website at www.ct.gov/dph/lead for more information. Selected downloadable brochures include: *Lead Paint Safety: A Field Guide for Painting, Home Maintenance, and Renovation Work*; *Protect Your Family From Lead in Your Home*; or *Reducing Lead Hazards When Remodeling Your Home*.

Please contact the Essex Health Department at 860-767-4340 x118 or the Essex Land Use Office at 860-767-4340 x144 if you have questions or would like to receive a hard-copy of our Lead Poisoning Prevention booklets.

— Essex Health Dept.

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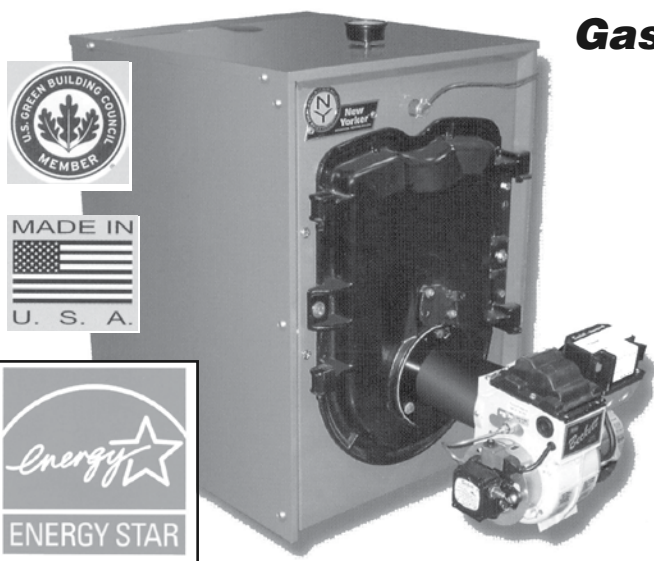
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Essex Park & Recreation

Mission Statement: Creating the Essex Community through People, Parks, and Programs!

Essex Park and Recreation is made for the summertime! This is the time of year when our youth programs are in full swing, summer concerts make for great summer evenings, and our parks are in fine condition and full of events and visitors. Essex offers an abundance of ways to get outside and enjoy the warm weather from sailing and boating to hiking, to visiting the attractions in our three villages. We are proud to be a part of our great community, and we look forward to seeing you in our parks and programs this summer ...

Civic Campus Enhancement Project. As many of you may know, the Town of Essex was awarded a Small Town Economic Assistance Program (STEAP) grant from the State of Connecticut for the Civic Campus Enhancement Project. Park & Recreation is working with town employees and contracted engineers in the project planning. This project will allow Park and Recreation to replace our existing tennis courts and play-scape at Grove Street Park with brand new state-of-the-art facilities. These dramatic improvements will be enjoyed by our park visitors for many years to come. We hope to be able to complete this work in the Fall of 2013.

Summer Concert Series. Visitors and local residents alike enjoy Essex Park and Recreation's Annual "Summer Concert

Series." This year we have an exceptional musical line-up featuring a variety of genres. For additional information on the "Summer Concert Series" and weather related announcements, visit the Park and Recreation Department page at www.essexct.gov. Our concert schedule for the remainder of 2013 includes:

Wednesday, July 17, Blues on the Rocks, Essex Main Street

Tuesday, July 23, Long Island Sound, Ivoryton Green

Wednesday, July 31, Middletown Symphonic, Essex Main Street

Tuesday, August 6, The Side Doors, Ivoryton Green

Fourth of July Parade Thank You. The Ivoryton Village Fourth of July Parade and Patriotic Presentation was a huge success and provided the opportunity for our community to come together to celebrate our nation's independence. It is thanks to the hard work of our parade coordinators Mr. Cotty Barlow and Loretta McCluskey, the dedication of many volunteers as well local organizations and residents who marched along with our Grand Marshals, Herb and Sherry Clark. Be sure to join us for next year's festivities!

Essex Summer Camp. Join us for tons of summer FUN at our exciting, engaging Summer Camp! Our camp is for children entering Grade K-7 in fall 2013. Camp meets Monday through Friday from 8:30 am-3:30 pm at Essex Elementary

continued on page 13

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1,500-1,750 SF	RAKA042JAZ	3.5	\$6,200.00
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• *Park & Recreation continued from page 12* •

School, with extended day care available from 8 am-8:30 am & 3:30-4 pm. Field Trips are scheduled every week. Our highlights include:

- Sports & Games / Arts & Crafts / Field Trips
- Fun Weekly Themes
- Camp is held the weeks of June 26 – August 12: choose any 1 or all weeks

Summer Youth Programs. Essex Park and Recreation will offer specialty camps and youth programs this summer that will provide fun and enriching experiences for our children during their summer vacations. Programs include Sports Squirts, Track & Field, Basketball, Tennis, Baseball, Volleyball, Girls Lacrosse, and Gymnastics camps. Please visit us online to see our brochure or call the office at 860-767-4340x110.

Mark Your Calendar...Ivoryton Village Pumpkin Festival. October 26, Ivoryton Green, 5-8 pm.

Looking Ahead to Fall Recreation Programs. For full information please see our Fall Brochure available on our website.

Fall Youth Programs

Let's Put on a Play!, Slammas Jamma Basketball, Zumba, Tennis, Creative Art, Cartwheels, Etc., Karate Kids, Running Rams Track & Field, FUNgineering with LEGO®, Boys Lacrosse, Red Cross – "When I'm in Charge", Girls Lacrosse, Skyhawks Multi-Sport Program, Kindergarten Basketball, Children's Music, Youth Basketball League.



Park and Recreation Commission. The Park and Recreation Commission welcomes the opportunity to help you with issues involving the Department and our Community. The public is invited to attend our meetings, held the first Wednesday of every month at 7 pm at the Town Hall.

Department Staff. Director: Rick Audet, CPRP 860-767-4340 x148, raudet@essexct.gov. Program Manager: Mary Ellen Barnes, 860-767-4340 x110, mbarnes@essexct.gov.

Contact Us. We welcome hearing from you on our programs, parks, and the operations of our department. Remember to visit our website for updated announcements, program information, online registration and to view our brochure: go to the Town website www.essexct.gov, click "Departments" click "Park and Recreation" and..."Like" us on Facebook!

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The Docents of the Essex Historical Society

Webster defines a docent as “a person who leads guided tours, especially through a museum or art gallery.” However, there is more to this job than one would understand from this simple definition. A docent is a goodwill ambassador, as this person is often the first contact a visitor has with the museum. A docent is a tour guide, a source of information, an educator, and sometimes an entertainer, especially with small children. Since visitors usually wish to be involved and not lectured to, a good docent does not merely read a script, but attempts to be interactive and adapt each tour to the individual visitors’ needs. A major challenge is remembering not to provide too much information. The goal of the docent is to create a positive experience, to excite, inspire, and transform people and keep them coming back.

The docent program began shortly after the Essex Historical Society acquired the Pratt House in 1985. Approximately twenty individuals currently serve as docents, conducting tours of the House and grounds on weekends from June 1st through September 29th. Experience is not necessary to be a docent, but an interest in people and local history is. Our docents find that what is most attractive about this job is an opportunity to teach or tell a story, learn history from other docents and visitors, and meet new people.

Training is provided to our docents annually, prior to the beginning of our season, and covers the basics of Pratt House



history, contents, and grounds. This training session serves as a refresher for our experienced docents and a learning experience for our new volunteers. In addition to the basics, this year’s session also included information gathered by three of our docents who attended a recent Docent Symposium in Bristol, RI and a detailed presentation by past EHS President Debbie Weinstein on the Pratt House chair collection, which includes: a ladder back with a flag seat which was listed in an inventory belonging to John Pratt, a carver chair, a corner chair, and a nanny rocker. In addition to our training program, our docents are usually reading and learning from other docents and visitors.

The original portion of Pratt House was constructed in 1701 and three portions were subsequently added. The final addition was put on in 1800 and gives the home its unique organic style. The house is furnished with 18th and 19th century antiques. The kitchen includes a large open hearth and an assortment of colonial era cooking implements. Along with the house, the two acre property also includes: a barn with a photo exhibit and antique loom, a restored outhouse, a kitchen and an herb garden, and a 14 plot community garden.

Pratt House is open each Friday, Saturday, and Sunday afternoons from 1:00 - 4:00 pm. EHS invites you to come and enjoy a tour, learn, and be inspired. If you are interested in joining our docent team, please contact coordinators, Mary Ann Pleva 860-767-8560 or Bette Taylor at 860-581-8007.

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New Trees in Essex

With each Arbor Day since 1872, there are new tree plantings all over the country. This year Essex was no exception. In a collaborative effort by the Essex Tree Committee, the Essex Land Trust, the Essex Garden Club, the Essex Rotary Club, the Essex Park and Recreation Committee and the Essex Elementary School, seven new trees were added to the Essex landscape, making a total of 1,736 inventoried trees.

Trees are an essential part of our community. They help maintain the quality of the air by absorbing carbon dioxide during the day and releasing oxygen during the night. They stabilize the soil thus aiding in flood control. They assist in neutralizing waste water. They provide shade and habitats for birds and reduce noise levels. They add both beauty and value to the landscape. It is no wonder, that on Arbor Day an annual joint effort is made to enhance our town.

On April 26, Augie Pampel, Essex Tree Warden and Chairman of the Tree Committee presented an educational program in collaboration with the Essex Land Trust at the Essex Elementary



Members of the Rotary Club assist in planting the White Oak Tree at Teal Lane.

school. The Tree Committee planted a new Saucer Magnolia on the school grounds, replacing one that had been damaged during the winter storms. At this program a large group of third graders had an opportunity to ask many questions about trees, tree care and maintenance. Financing for the planting was provided by a combination of monies raised by the school children and a donation from the Essex Land Trust.

On April 27, Augie Pampel assisted the Essex Land Trust in planting three Tupelo trees at Cross Lots Preserve. Preparation for the tree plantings was provided by Landscape Specialties; while the Essex Land Trust volunteers actually planted the three trees. Augie Pampel along with Tom Rutherford of

the Land Trust provided important information about planting and caring for trees answering many of the questions people brought to the event, such as the nature of the Tupelo Tree, the soil required, the depth for planting and root development.

Three other events occurred on April 27. At 41 Main Street, the Essex Tree Committee planted a Valley Forge Elm, donated by the Essex Garden Club to replace a damaged Little Leaf Linden tree. According to Augie Pampel the Valley Forge Elm has proven to be a successful street tree requiring less maintenance than its cousin the Princeton Elm which has a branching habit that is more susceptible to damage.

The other two events occurred on Teal Lane. Here two White Oaks were planted. The first was in memory of Jack Spangler and provided by the Essex Park and Recreation Committee. A second White Oak was donated by the Essex Rotary Club and planted nearby.

The Essex Tree Committee would like to give a special thanks and recognition to the Fred Weber Tree and Landscape Specialties for their assistance in planting the trees on Main Street, Teal Lane and at the Elementary School and to Bartlett Tree Experts for removal of the tree on Main Street.

The Essex Tree Committee from its beginning in 1990 has been responsible for the inventory, preservation and replacement of the street trees. Since 1995, the Essex Tree Committee has removed 304 trees and planted 131 trees. Funding for the plantings comes from the Town, grants and private donations.

The success of the Essex Tree Committee goes hand in hand with the support of Essex community organizations, the expertise of tree specialists and the generosity of individuals and families of Essex. The Tree Committee wishes to thank all those involved in the Arbor Day events and looks forward to our continued collaboration in maintaining the lush, green beauty of our streets and preserves.

If you would like to make a tax deductible donation to the Essex Tree Committee or arrange for a Memorial Tree, please contact members of the Tree Committee: Augie Pampel, Tree Warden, Susan Malan, Deputy Tree Warden, Nancy Hudson, Treasurer, John Molloy, Secretary, Mark Pratt, Ken Bombaci, and Judy Saunders.

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Essex Police Department Crime Tip Line

The Essex Police Department has two methods for the public to relay crime tip information.

The Crime Tip Line is available by calling 860-767-4340, Ext. 130. Crime tips can be left anonymously on this line, or the caller can leave identifying information. Messages left in this voice mailbox will be automatically forwarded to the Essex Resident Trooper.

The public can also e-mail crime tips directly to crimetips@essexct.gov. E-mails sent will be monitored routinely by members of the Essex Police Department.

When using either method, callers and/or authors should be as specific as possible in terms of the type of crime, time and date of occurrence, general information concerning the crime or activity, and description of people involved and motor vehicles used.

The Crime Tip voice mailbox or Crime Tip e-mail account are not designed for filing official complaints with the Police and the public should not use either method to report emergency incidents or crimes in progress. For routine police complaints, please call 860-767-1054.

Evacuation Registry For Citizens with Special Needs

The Essex Health Department maintains a list of seniors and residents with special needs who may require evacuation and shelter assistance during a natural or man-made disaster. Residents with medical disabilities or transportation needs are encouraged to pre-register with the Essex Health Department for these services. The registration form is available on the Essex Town Hall website at www.essexct.gov under Forms & Documents or in the Essex Health Department.

Citizens who register are asked to keep their information current and to update it annually. Personal information is kept confidential in accordance with state and federal law, and is maintained by the Essex Health Department. Data will only be used by emergency personnel during preparedness planning and evacuations. Registration is FREE and VOLUNTARY. Your information is used solely by those public health and safety agencies that will assist you during an emergency. It does not imply or guarantee any other service.

Completed forms should be mailed to: Essex Health Department, 29 West Avenue, Essex, CT 06426. Questions or concerns may be directed to the Health Department at 860-767-4340 x 118.

— Essex Health Department

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Epic Disasters in Our Town's History

The Ivoryton Library has teamed with the Essex Historical Society and the Essex Fire Department to bring you a history program this November showcasing the heroic efforts of our Volunteer Fire Department during several epic disasters in our town's history. From the 1968 fire at Essex Boat Works to the explosions at the Pratt Read factory, our town's rescue agencies have repeatedly come forward to protect life and property.

Do you have memories, photographs or other materials on these or other related events to share? Please contact the library at 860-767-1252.

Disasters, Factories, Ivory, Architecture. There is a rich history in this area and the Ivoryton Library is dedicated to collecting, organizing and making available as much information as we can in the form of books, programs and resources that are available to everyone. Please come in and browse. Here's a sampling of what you can find in the library:

- Hundreds of vintage photographs of people and places in Ivoryton and beyond, some quite rare.
- Local scrapbooks from the early 20th century, with newspaper articles on everything from small local matters to the sinking of the Titanic.
- A collection of all local history articles written by Don Malcarne, Essex town historian from 1989-2009.
- Don's history of every house and building built prior to 1930 in the town of Essex.
- Playbills from the Ivoryton Playhouse dating back to 1932.
- Complete listing of Playhouse plays and casts from 1930 - 1992
- Looking for "new" recipes? We have the Cook Book of the Ivoryton Ladies Society, 1898. (18 pages of cakes, alone!)

Have something to add to our collection? We'd be happy to talk to you!

The library is open: Tuesday 10-6, Wednesday 10-8, Thursday 10-6, Friday 2-6, Saturday 9-12, Sunday 1-4. We are located at 106 Main Street. Visit us online at www.ivoryton.com.

Family Conversations

Through many years of experience working with seniors and their families, we at Chester Village West have discovered that there is a need to assist adult children with the approach and eventual conversations they will have with their parents and loved ones.

These adult children are usually between the ages of 45 and 60. They are managing work, educating their children, and worrying about their aging parents at the same time. They have many options, but little time to do the research on their own. They need answers in a factual and timely manner.

Through our new "Conversation Starters Program," we offer free consultation services for your family, employees, clients and/or peers. We will provide a balanced approach, whether the family decides to re-locate their parents to a senior living community, or access in-home care. We will help them assess their current situation and streamline the process to give them enough knowledge to make their own decisions. We understand that "knowledge is power." Contact Sara Philpott at 860-526-6800. www.AConversationStarter.com/CT.

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CT Clean Energy Options Program

Essex has 260 Clean Energy points. Currently about 9 % of the residents are involved in the program. With another 40 points, the CT Clean Energy Finance and Investment Authority will give Essex a 2 kWh solar array for installation on a public building.

Essex Citizens for Clean Energy (ECCE) want to thank the Town Officials and employees and all of the residents, businesses and organizations that have chosen to participate in this program. You have made a choice for a cleaner environment, and a reduction in carbon dioxide emissions. We will all benefit by reducing the impacts of climate change.

To those people who have not yet enrolled, please consider joining the program.

- Each household can reduce carbon dioxide emissions by about 7400 pounds annually.
- You can help increase our national security by reducing our dependence on foreign fossil fuels and increasing the diversity of our energy resources.
- Be patriotic and strengthen our economy by investing in it.
- You can reduce pollution from coal, natural gas and oil fired power plants.
- You can help to insure a clean, sustainable, and cost-efficient energy future.

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Fourth Annual Run Local/Read Local

The Fourth Annual Run Local/Read Local 5k Road and Trail Run/Walk Race benefiting the Ivoryton Library is scheduled for Saturday, October 19. This race will begin at 9:15 am near the Library and meander through historic Ivoryton, continuing into Falls River Farms and the Falls River Preserve and ending back at the Library.

This event is part of the Essex Great Outdoor Pursuit in conjunction with the Essex Park and Recreation Department and the Essex Land Trust, and will be fun for families, runners and walkers alike.

A "Pumpkin Run" in Ivoryton Park at 8:45 am is scheduled for children 8 years & under. All Pumpkin Runners will receive a medal and a pumpkin that can be painted after their race.

Registration will begin at 7:30 am for all walkers and runners. Awards will be given to the top 3 male and female 5K runners, the top 3 male & female runners in 10 year age groups (no duplicates), and the top male and female 5K walkers, as well as the best Halloween costume, male, female and group.

ENTRY FEE FOR 5K RUN/WALK: \$20 until August 31, \$23 from September 1 to October 17, \$25 on race day.



PUMPKIN RUN: \$5 per child. The first 300 entrants for the 5k will be given tee-shirts. Parking for the participants will be designated as you enter town.

Please join us in creating a successful and memorable event for this community so that we can continue to look forward to a fall run in Ivoryton next year.

Any Questions or to Volunteer, contact Cathy Bishop at 860-767-0354 or cbishop56@sbcglobal.net. Applications are available on the Ivoryton Library website (www.ivoryton.com) or at the Library. Please make checks or money orders payable to the Ivoryton Library. Register on-line at aratrace.com.

Q: How do I know if orthotics in my shoes will work for me??

If your heel swings too far to one side, your foot may be overpronating or flattening too much. This abnormal movement strains your foot causing the bones and soft tissue of the foot to support too much of your body weight. Over time this type of strain on the soft tissue may cause heel pain or spurs, tendinitis and pain when walking or exercising.

Many times just a look at the bottom of your shoes tells a story. If you have wear on the outside of your shoe, this might be an indication that orthoses would be an appropriate recommendation for you. Orthoses control movement, like a cradle and reduce strain on the joints eliminating many types of foot pain.

Custom made orthotics are very different from over the counter devices as they are molded to your foot by the making of a plaster impression. This allows us as your podiatrist to add modifications needed to correct your particular foot condition. We as podiatrists are educated in biomechanics and trained to determine how your specific foot functions.

Runners love us. We see many patients that have actually avoided having surgery due to a pair of our well constructed orthotics. We guarantee all of our orthotic devices allowing patients to revisit us for adjustments as needed. It helps having labs in most of our locations.

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Summer Beaujolais

Beaujolais is an area in France between Burgundy and Rhone. The most widely produced red varietal there is Gamay, which is light and fruity with bright cherry notes and a mild finish. The most famous style of this wine is called Beaujolais-Nouveau, which is produced in the fall to celebrate the new harvest and is sold on the third Thursday in November. Nouveau is picked, pressed and immediately bottled without any barrel aging. It is a very young wine and must be drunk within 6 months.

Beaujolais-Village can come from anywhere in the village and is sometimes a blend from different villages. It has more structure and depth than Beaujolais-Nouveau, seeing as it is aged before being bottled.

For a slightly higher cost you can purchase a "Cru" Beaujolais. The term Cru represents the 10 villages in Beaujolais which the grapes must be grown in. These wines are more complex due to the soil and micro-climate in the region. The 10 Crus are: Brouilly, Chenas, Chiroubles, Cote du Brouilly, Fleurie, Julienas, Morgon, Moulin-a-Vent, Regnie and Saint-Amour. These wines develop their own unique flavors from the growing area in their particular village. The flavors you can expect are cassis, blueberry and raspberry, with a round mouth-feel and a soft mild finish. Any Beaujolais wine can also be served with a slight chill, especially during these hot summer days. These delicious soft structured wines can be served with fare such as light meats, heavier seafood dishes and grilled vegetables.

There are also two white grapes grown in Beaujolais, Chardonnay and Aligote. These grapes are grown in small quantities and are referred to as Beaujolais-Blanc. The area is made up of limestone soil which is evident in the finish which portrays the minerality of the terroir. The area overlaps Maconnais, so they are very similar to Macon-Chardonnay wines. These can be enjoyed with your light summer dishes, salads and hors d'oeuvres, as they lack the heavy oak characteristics of California Chardonnays.

This summer is looking to be a scorcher, so invite your friends over, turn on the grill, pull out the lawn chairs and entice your pallets with some refreshing Beaujolais wines. They will be sure to cool you down and impress and please your guests!

— Art LiPuma, Manager, SeaSide Wine & Spirits

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A Tribute to David Hyde

He was a good man. We all knew him and loved his solid New England soul. We cheered with him when he decided to retire from his Essex Hardware Store where he was an Essex legend. We were thrilled when he decided to spend the winter months in Florida. Then, before he could begin to enjoy his retirement, we were all devastated to hear that he had been diagnosed with a difficult cancer. But we cheered him on as he courageously went through hospital stays and chemo treatments. We were thrilled to see his cheeks begin to fill out again. We hoped against hope that the treatments were working. Through it all, David was still David—lending a helping hand to those who needed him, working long hours on rehabilitating the Scout building, painting, replacing windows, arranging for cleanup of the interior, picking up trash and hauling it to the dump, and planning for his winters with Maureen in Florida.

David did the simple things. He was always there to help. He was direct. He was straightforward. His philosophy was to get the job done, no matter what it took. You'd see him in his truck, at the Bumpy Warner Scout Building, at the town's parks, at the Pettipaug Club,—where he was always the first to make sure the road was plowed and the potholes filled. David was a doer.

It was David who made sure that Harriet Cheney Downing's wishes for a town park on the site of her family's homestead were followed to the letter. Hattie, as she was known, stipulated that after her demise the buildings on the property were to be taken down and then burned. She wanted the buildings dismantled so that the trees would not be damaged when the buildings were destroyed. David was there each day as

the main house, outbuildings and chicken coops were felled with the backhoe. He was there as the wood was crushed and moved to a big hole where it was burned under the supervision of the Essex Fire Department. Shepherding the birth of Cross Lots park, David was instrumental in the many decisions that were required to bring the park to life. Along the way, he worked with the many members and volunteers of the Essex Land Trust in acquiring and maintaining the more than 400 acres on 15 properties that make up today's Essex Nature Conservancy holdings.

David was a lifelong Essex citizen. He loved his boat and his dogs. His family harked back to early times—he's related to half the town. After college he opened the Essex Hardware Store and he ran it for 40 years until his retirement. He was always there to offer advice, find the right tool, give a suggestion about how to do a job more economically. Jay Tonks, who now runs Essex Hardware, was hired by Dave when he was just 11 years old. Jay used to walk from elementary school up the street to help out a few days a week—sweeping, dusting shelves and absorbing everything there was to learn about the hardware business. He spent the last thirty-four years working with David and observing how David operated. Jay says David was passionate about everything he did. He loved a project and nothing was too much work for him. From dismantling a building to moving his hardware store a mile down the road, he did it with enthusiasm. Jay tells about a time when he mentioned to David that there was a shed downtown that he'd like to move to Ivoryton. It wasn't a small shed—it was 12 feet square. Before he knew it, Jay says, the very next day in fact, David jacked up the shed and lowered it back down on a trailer. David told Jay, "We'll get up at 4 am and tow it to Ivoryton" which is exactly what they did—and it still stands in Jay's backyard today. After high school David offered Jay full-time work and Jay has been there ever since.

"David was generous and caring in his own special way," says Jay, "He told it like it was and was always there with tough love for me over the years. I feel privileged to have been mentored by David. He was proud of his store and I am honored to be able to continue the tradition he built."

David was part of another well-known Essex story that had to do with Brockway Island. The Island, reached by boat, was owned, when David was a boy, by Ernest Fetske, a prominent naval architect who had helped design the U.S Army's amphibious DUKW (the Duck Vehicle) used in World War II and who sometimes appeared in ads for Chesterfield cigarettes. David was only eight the day he and 12-year-old Ned Libby noticed Feske and his wife loading bricks into a boat. The boat partially capsized, dumping the bricks into the river near the town dock where the group of kids were swimming. Feske offered to buy the boys a mask and fins and said he'd pay them a penny for each brick they retrieved. By the weekend, all the bricks had been pulled from the river and a friendship was struck up between the boys and the Fetskes. The childless couple loved having the young people around and began

continued on page 23

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- If your vehicle is registered under your Business Name, you may need Commercial Automobile Insurance.
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Other types of business use would be carrying equipment, towing or making deliveries.

Understand the difference: Not all businesses require a commercial insurance policy. Some may be covered by a Personal Automobile Insurance Policy with a business use. To ensure that you are properly covered, and that all variables are considered, it is important to consult with an insurance professional. For a free, no obligation review of your personal or commercial automobile insurance coverage please contact Gretchen Makowicki, Senior Account Specialist, Bouvier Insurance; 860-767-8219.

• *David Hyde continued from page 22* •

inviting them for weekend picnics on the island. When the ice covered the river, they got together for winter skating parties. Ernest Fetske used his professional boat-building skills to design a hydroplane speedboat for the boys. When the couple, first Bettina Fetsky and then, in 1994, Ernest Fetske, passed away, they willed the island to David and Ned. The original Fetske house had fallen into disrepair so over a number of years, David and Ned replaced it on the same footings. For years, Ned and Dave and their wives, Carol and Maureen and their families continued to enjoy their island.

At the time of his passing, David Hyde was President of The Essex Foundation, ably steering it through an important growth period. He was a key figure in guiding the Board of Directors in its dealings with new donations such as funds from the Alice Powers bequest. Over the years, the Foundation, founded 40 years ago, helped townspeople in countless ways. The Bumpy Warner Youth Center Fund has maintained the Scout building—with David doing much of the hands-on work. Emergency help has been quickly given to countless families. With the help and cooperation of neighbors, a sunken barge was removed from the Connecticut River. The Town Clock has been kept in running condition. Pond conservation has been encouraged. Help has been available in many small ways to cover important town needs. David Hyde's instincts were pure and direct and were always formulated with the best interests of the townspeople of Essex in view. The Essex Foundation will continue to be led by the visions David had for its future. He will be sorely missed and fondly remembered.

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Helping Seniors Transition to a New Chapter

As senior citizens age, their health and lifestyle needs change, sometimes necessitating a change in their retirement living plans. They may grow tired of caring for a large home, or they may face unexpected health concerns that require more daily assistance, or they simply may want a more care-free living environment. Whatever the catalyst, real life changes may need to take place.

While some senior citizens may welcome the move into a smaller home or into an independent or assisted living community, others may be less enthusiastic. They may be hesitant to leave the home where they raised their families, enjoyed their neighbors, or tended to their gardens. They may worry about losing their independence, or about not fitting into their new community.

It is helpful to everyone involved in this transition when there is as much support as possible during this time. This can come from a network of family, friends and caregivers, or from the “welcome teams” found at most retirement and assisted living communities who help residents manage change.

The welcome team at The Saybrook at Haddam retirement and assisted living community in Haddam includes a recently hired, full-time social worker. She offers support and care for residents and their families during the move-in transition, and is able to respond immediately and personally to any other concerns. She also works to educate families and staff so they can provide the best care (and lifestyle) in their new home.

During this transitional time, experts suggest helping loved ones by focusing on the positive sides of the move. If they are going to a smaller apartment or home, remind them of how much easier caring for their home will be. If they are moving to a senior community, they no longer need to worry about shoveling snow, cutting the lawn, painting the house, or cleaning the gutters. Depending on the community, they may not even have to shop for food or cook meals each day – and they will be able to enjoy a sense of security and peace knowing someone is always nearby if there ever is an emergency.

Celebrate the things that do go well during this time and reinforce that the right living decision was made. Have a card or small “care package” arrive the day your loved one makes the move. If you can, join them for a welcome visit to share lunch or dinner right away (remember to set up a date for the next visit before you leave). Also, if they do move into an assisted living residence, try to attend one or two social events held at the community together.

You are helping them start an adventure, another chapter with new friends, group activities, daily walks and exercise, lectures and classes, and more (perhaps even a new garden).

— Kathy Ryan, Executive Director,
The Saybrook at Haddam



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Considering a New Project or Business Venture? Start with Your Local Land Use Department

In an effort to streamline the permitting process for residents and business owners, the Health Department, Zoning and Building Departments, along with Planning and the office of the Fire Marshal have joined together to create one centralized unit referred to as the Land Use Department. The purpose is to make it easier to complete the application and permitting process for construction, changes in use and various other regulated activities with regard to site development.

The Land Use Department is located on the second floor in the Essex Town Hall. Department staff includes the Zoning Enforcement & Wetlands Official, Health Director and Sanitarian, Building Official, Fire Marshal and Town Planner along with two assistants. On-line resources are being developed to help citizens understand the permitting process before starting a project and to provide guidance on what is needed to get the project completed. In addition to the website, a new initiative is the opportunity for Essex residents, contractors, business operators and property owners to meet with all of the department officials together as a group to review the proposed project and to gain an understanding of the application and permitting process and to ensure compliance with various Federal, State and local regulations. Meetings can be scheduled on Wednesdays between 9:30 am and 12:00 pm.

The Land Use Department is the first stop for anyone planning a project. Approval from all Land Use officials is needed prior to the location or relocation of businesses in town, home construction or remodeling, changes in use of an existing building, septic repairs and installations, etc. Please note, anyone who undergoes site development without the necessary approvals risks having to un-do what was done before any approvals are acquired.

Please visit the Land Use Department website at www.essexct.gov or call the office at 860-767-4340 x144. We look forward to working with you.

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Avoid Fraud with New Website

Earlier this month, the Department of Consumer Protection launched a new website that encourages consumers to learn to avoid frauds and scams, and to be an informed consumer — at “Every Age, Every Stage.”

“Connecticut has always been a leader in protecting consumers from unfair business practices and unsafe goods in the marketplace,” Governor Dannel P. Malloy said. “We’re taking this opportunity to remind Connecticut residents about the many consumer protections our state offers, and I encourage consumers young and old to visit the new website, SmartConsumer.ct.gov.”

The new website, www.SmartConsumer.ct.gov, offers information that is helpful to consumers at varying stages of their lives. The site includes advice on spotting and avoiding scams such as travel fraud, rental scams, pyramid schemes and modeling scams, along with information for stopping unwanted mail, hiring home improvement contractors, and staying safe online.

CT Cookie Platoon

Mission: Our mission is to get America baking homemade cookies once a month for our troops, veterans, or recovering soldiers.

Next Platoon Event: November 16. Our shipment/packing party will be at the Whelen Engineering, located at 51 Winthrop Road in Chester. Cookies may be dropped off beginning at 9:00 am. We’ll start packing at 9:30 am. Finished cookies must be 2 inches in diameter. They must be homemade, not store-bought. Please put your cookies in large Ziplok Bags before giving them to us for shipping. You can stay at the site for our packing party. We’d love to meet you, and we’ll be happy to have your help. If you can’t get to the packing site, we can pick up your cookies. Please call Debbie Schaefer at 860-526-2789 to make arrangements or e-mail info@cookieplatoon.com for more information.

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The Consumer’s Guide to Home Safety for Seniors

Remaining independent in your home often requires some adjustments or improvements to your home so your home is a safe environment that allows them to function better and more comfortably. These adjustments could range from small changes that don’t cost anything and can be modified by the senior, their families or caregivers, to more significant home improvements which may require a monetary investment and the hiring of a contractor. The larger changes to the home may be daunting, but can be a cost-effective method to allow the senior to stay in his or her home. Even middle-aged adults are now implementing design changes to their own homes to create the ideal environment to age place in future years.

The Consumer’s Guide to Home Safety for Seniors includes the following useful information:

- An overview of senior-focused home improvements.
- The top 11 home improvements that seniors have made to their homes, as reported by the U.S. Department of Housing and Urban Development.
- What equipment is and is not covered by Medicare.
- Lists of recommendations for changes in each room of the home to provide for safer and better functioning.
- List of recommendations for general changes that will help a senior operate better inside the home and feel safer overall.
- For caregivers, additional safety tips from their perspective.

The guide is available at: www.csa.us/HomeSafetyGuide.

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Estuary Council

ESTUARY COUNCIL OF SENIORS, INC. has been serving seniors in the nine-town Estuary region for 38 years. Call us to receive our *Gazette Newsletter* or go to www.ecsenior.org for our online newsletter, events calendar, menu, and more.

MEALS ON WHEELS – hot meals delivered to your home. Call Diane at 860-388-1611. A \$3.00 donation request for those aged 60+. Meals are supported by Senior Resources Agency on Aging with Title III funds available under the Older Americans Act.

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ESTUARY THRIFT SHOP: Open 10 am - 3:45 pm, Monday - Friday; 9 am - 1 pm on Saturdays. Clothes (men, women, and children), kitchen items, crafts, and more available. Donations are accepted and volunteers always needed.

THE MARSHVIEW GALLERY AT THE ESTUARY: Open daily 8 am - 4 pm, and from 9 am - 1 pm Saturdays. The art on exhibit changes monthly and highlights the talents of local artists from along the shoreline. The artists donate a portion of their art sales to the Estuary Council of Seniors. An artist's reception is held the second Friday of each month from 5 - 7 p.m. Refreshments are served, and a door prize is drawn each month. All ages are welcome. Call 860-388-1611 for information.

DONATE YOUR CAR OR BOAT TO THE ESTUARY COUNCIL - Turn your car or boat into a tax deduction by calling: 1-800-716-5868. Proceeds benefit the vital services we provide for seniors in the nine-town Estuary Region.

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Essex Printing Winner In New England Regional Awards of Excellence Competition

The announcement was made April 4 during PINE'S Industry Awards Gala with hundreds of industry professionals in attendance. PINE'S Awards of Excellence Competition attracts over 200 entries from 41 printing and imaging companies across New England competing in a variety of printing and graphic communications categories.

Essex Printing won Awards of Recognition for the printing of Essex Savings Bank's 2013 calendar. A panel of judges with extensive experience in printing and print production examined a wide range of work submitted. Each entry was judged anonymously on its own merit in a category with similar printed pieces.

"We are very proud to have won this competition because it confirms our commitment to our clients that we provide an outstanding level of quality printing," said William McMinn, President of Essex Printing and Events Magazines.

For more information please contact Essex Printing at 860-767-9087.



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Protecting People from Deadly *Listeria* Food Poisoning

Many germs can be spread through food. Some, like *Listeria*, can be deadly. *Listeria* strikes hard at pregnant women and their newborns, older adults, and people with weakened immune systems. *Listeria* can cause miscarriage and meningitis. Most people found to have *Listeria* infection require hospital care and about 1 in 5 people with the infection die. Outbreak investigations tell us what foods make people sick and what needs to change to make food safer and save lives. We have made some progress against *Listeria*, which is the third leading cause of death from food poisoning. However, we can do more to protect people at higher risk for food poisoning and make food safer for everyone. If you, or someone you make food for, are pregnant, 65 or older, or have a weakened immune system, you must be especially careful when selecting, preparing, and storing foods.

- Know your risk of food poisoning.
- Select, prepare, and store food safely.
- Follow the safe food guidelines – Clean, Separate, Cook, Chill – at www.FoodSafety.gov
- Learn more about how to prevent food poisoning and outbreaks.

Listeria is challenging because:

- When someone eats food contaminated with *Listeria*, sickness or miscarriage may not occur until weeks later when it is difficult to identify which food was the source.
- *Listeria* can contaminate many foods that we don't usually cook, like deli meats, cheeses and sprouts.
- Some foods we might not suspect can be contaminated with *Listeria* and cause sickness and outbreaks, such as cantaloupe and celery.
- *Listeria* is a hardy germ that can even grow on foods that are refrigerated.
- *Listeria* can hide unnoticed in the equipment or appliances where food is prepared, including in factories and grocery stores.

We can prevent *Listeria* infections by

- Identifying outbreaks fast by using special laboratory tests and disease detectives.
- Rapidly finding and removing contaminated food before people eat it.
- Using lessons from outbreaks, including environmental investigations, to make food safer.
- Applying new safety measures for food production, like those included in the Food Safety Modernization Act (FSMA), so that food doesn't get contaminated in the first place.
- Reducing *Listeria* contamination of ready-to-eat meat and poultry products by following USDA guidance.
- Having a robust public health system that provides the tools and resources needed to promote food safety.
- Learning more about which polices and practices work best.

For more information, please contact:

Centers for Disease Control and Prevention
1600 Clifton Road NE, Atlanta, GA 30333
Telephone: 1-800-CDC-INFO (232-4636)
TTY: 1-888-232-6348
E-mail: cdcinfo@cdc.gov, Web: www.cdc.gov

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Nelson Retires as Sailing Masters Captain

Ted Nelson, Captain of the Sailing Masters of 1812 Fife and Drum Corps, announced his retirement at a board of directors meeting recently. Nelson joined the Corps in 1971 interested in being a bass drummer. He quickly became proficient in that instrument and shortly after began marching with the Corps.

In 1974 he became Captain, a tall, imposing figure, giving life and meaning to the role of sailing master. One could easily picture him on the foredeck of an 1800's sailing ship, calling out instructions to the crew manning the sails. Over his 38 years as Captain and leader, Ted participated in over 1,000 musters, parades and concerts from Boothbay Harbor, Maine, down the East Coast and over to Bermuda.

A resident of Centerbrook for some 52 years, Ted worked in Research at Pfizer in Brooklyn and Groton, for 38 years before retiring. He served in the United States Army from 1955-1957.

Mark Chiamonte, President, said speaking for the Corps, "those of us who had the pleasure of marching with Ted knew him as a person who wanted us to always look and play our best no matter where we might be. He took time to see that uniforms were clean, that people knew how to play the music and marched with pride befitting the history and era of the Sailing Masters of the early 1800s. He taught us all a great deal; it was an honor to march with him and we will miss him at the head of the Corps".



Middlesex Institute of Lifelong Education – MILE

MILE was established in 1993 to provide stimulating educational experiences for adults 50 and over. Sponsored by Middlesex Community College, it is an all-volunteer non-profit organization with programs on a wide range of topics. For \$60.00 members can attend 7 weeks of programs in the fall and 8 weeks in the spring. These may include field trips, and MILE also offers an annual week-long trip.

MILE Open House/Orientation will be held on September 12 in Chapman Hall starting at 1:00 pm. Bring a friend. Our website is www.mileonline.org. E-mail: mileatchapman@gmail.com.

— Joanne S. Rocznik, Mile Publicity Chairman

Essex - Community Listings

CHURCHES

First Baptist Church (860) 767-8623
 ST. John's Episcopal Church. (860) 767-8095
 First Congregational Church (860) 767-8097
 Our Lady of Sorrows Church (860) 767-1284
 Ivoryton Congregational Church (860) 767-1004
 All Saints Episcopal Church (860) 767-1698
 Trinity Lutheran Church (860) 767-0228

CLUBS AND ORGANIZATIONS

Essex Cub Scouts of America (860) 790-0681
 Essex Land Trust (860) 767-7355
 Tri-Town Youth Services Bureau (860) 526-3600
 Essex Garden Club. (860) 767-2860
 Essex Boy Scouts of America (860) 767-3904
 Essex Community Fund. (860) 304-2751
 Essex Historical Society (860) 767-0681
 Ivoryton Company of Fifers & Drummers (860) 767-2237

Clubs and Organizations Continued

The Shoreline Soup Kitchens (860) 388-1988
 SCORE. (860) 388-9508
 Essex Board of Trade (860) 767-3904
 Democratic Town Committee. (860) 767-7665
 Republican Town Committee (860) 767-3388
 Essex Little League www.essexlittleleague.org
 Ancient Order of Essex Weeders. (860) 767-7628
 9 Town Transit (860) 510-0429
 Lower Valley Visiting Nurses (860) 767-0186

SCHOOLS

Essex Elementary School. (860) 767-8215
 John Winthrop Middle School. (860) 526-9546
 Valley Regional High School. (860) 526-5328
 Superintendent. (860) 526-2417
 Beanstalk Preschool & Childcare (860) 767-3308

Annual Closer to Free Bike Ride



The 3rd Annual Closer to Free Bike Ride for Smilow Cancer Hospital at Yale-New Haven will take place on Saturday, September 7th. Riders have the option of cycling 25, 62.5 or 100 miles. Our ride travels through multiple shoreline towns including

Branford, Madison, Guilford, Essex, and Old Saybrook. We've been called the "best organized ride in Connecticut." And for good reason...our experienced staff and volunteers will take care of you from mile one until the finish line. Clear route cues and signage, lots of food and drink and efficient SAG when you need it will help you leave the worrying behind so you can focus on the miles ahead. Plus our finish line festival at the Yale Bowl has fun for everyone, with live music, a beer garden, food trucks and so much more. Our volunteers and Road Crew are the backbone of the Ride. We've got fun and rewarding volunteer opportunities for anyone who wants to lend a hand. The Closer to Free Ride simply can't happen without the generous support of our family of sponsors. The Ride is the perfect platform to give your brand exposure while joining in the fight against cancer. We've got sponsorship packages to fit every budget and every goal, with lots of innovative ways to connect with our desirable demographic.

For more information on the riding, volunteering, or sponsorships please visit www.rideclosertofree.org or email rideclosertofree@ynhh.org. You can also reach us at (203) 200-CTFR (2837).

Thank you so much for your strong support of the Old Saybrook Chamber of Commerce and the community! Your generosity and quality of publications is unmatched. Events Magazines are read cover to cover and are full with interesting community-related articles.

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**– Judy Sullivan, Executive Director,
Old Saybrook Chamber of Commerce**

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Roses for Autism

Roses for Autism is the first business endeavor for Growing Possibilities - a nonprofit social enterprise founded by Ability Beyond Disability that is dedicated to growing independence in the business world for individuals with autism and other disabilities.

Our Roots: Jim Lyman's dream was to improve the quality of life for his son Eli, through meaningful work and continued opportunities to grow as an individual. Jim's search brought him together with Pinchbeck's Rose Farm, Connecticut Autism Spectrum Resource Center, and then to Ability Beyond Disability. Collectively, they planted the seed that would bloom into Growing Possibilities.

Did you know? Adults on the Autism Spectrum hold many talents...yet today only 12% of adults with ASD are employed.

Our Mission: To grow independence in the business world.

How We Grow: In 50,000 square feet of heated glass greenhouse, our premium roses and lilies are cut and packaged daily. Working with young adults on the autism spectrum we strive to: build transferable job skills, build social independence, build generalization of learning.

Call us today to plan for your next recognition event. We will customize...so call us with whatever you can dream up!

We personally deliver to CT, NY, NJ, MA and we ship ANYWHERE in the United States! Let us help you recognize

your staff! Flowers for every occasion: *anniversaries, birthdays, special accomplishments, employee recognition events.*

Fragrant roses are available in 16 varieties! We offer three varieties of lilies too! Say "thank you" or "great job" with:

- Custom arrangements
- Signature dozens
- Single stems
- Boutonnieres and corsages
- Engage your employees in supporting a great cause
- Host a corporate rose sale for your employees and help employ people with autism.

We grow amazing fragrant roses with amazing people! Order online at: www.rosesforautism.com or www.rosesforautism.com. (203) 453-2186. We are a local farm planting the seeds of possibilities for the autism community. Your rose purchase supports the development of inclusive work place opportunities for adults on the autism spectrum.

Pinchbeck's Rose Farm, 929 Boston Post Road, Guilford, CT
(203) 453-2186



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Ivoryton Playhouse Shows


Dreamgirls. A smash Broadway musical, Dreamgirls captures the spirit and hope of Motown when a girl group from Chicago makes it big. In a business controlled by men, the female trio fights for recognition, fellowship and love as superstardom challenges their musical and cultural identity. Dreamgirls sizzles with sparkling dance and R&B soul. **August 7 – Sept. 1.**

I Love You, You're Perfect, Now Change. This hilarious revue pays tribute to those who have loved and lost and lived to try again. Smartly conceived with catchy tunes and witty lyrics, this affectionate look at love and marriage is as amusingly appropriate today as when it first opened in New York in 1996. **September 25 – October 13.**

The Seven Year Itch. A fabulously funny farce from the fifties! The play takes a humorous look at the problems of a typical married man whose wife and son have gone to the beach for the summer. Alone in the apartment, he is unprepared for the arrival of a stunning new upstairs neighbor. **October 30 – November 17.**

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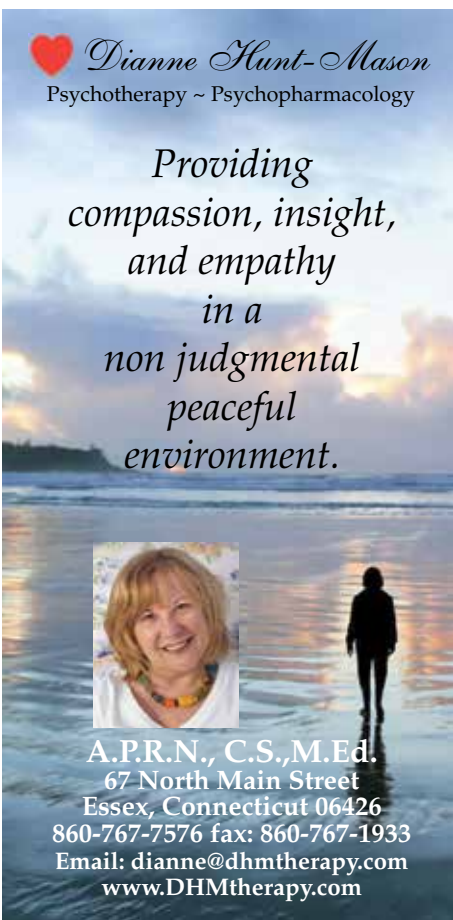
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Essex: Discreetly tucked away at the end of a private village lane, this home offers the charm and character of a ca.1780 home with all of modern conveniences and amenities that you could hope for. Pool and dock.
MLS: M9134658 \$2,800,000
Leslie Sullivan 860.391.3337
Rick Weiner 860.227.3191



VILLAGE COLONIAL

Essex: Set on a beautiful, landscaped yard close to town and CT River. Renovated with attention to detail and the quality of workmanship is outstanding. Large spacious rooms, gourmet kitchen, elegant master suite.
MLS: M9141163 \$1,595,000
Linda Hicks 860.391.1269



VILLIAGE LIVING AT ITS BEST!

Essex: Charming 1890's renovated colonial combines old world charm with new world comfort. Large kitchen with fpl, island, skylight, & many windows. Large master with study. Lovely gardens. Water access at end of lane.
MLS: M9141346 \$895,000
Sydney Anderson 860.510.3449



HERON POND NEW CONSTRUCTION

Essex: First floor master suite is an option. Property abuts 25+ acres of Essex Land Trust property including walking trails and pond. Small private subdivision located just one mile from Main Street Essex village!
MLS: M9138967 \$699,000
Rick Weiner 860.227.3191



CUSTOM BUILT HOME

Essex: Sited on beautifully landscaped lot, this like-new home features open floor plan with large bright interior living spaces. Screened porch & large deck to include the outside as comfortable living space.
MLS: M9141139 \$629,000
Karen Ursini 860.304.6044



SPACIOUS RANCH

Essex: Spacious 4-5BR Ranch with finished LL on 5 private acres is prime for in-law use with 2 kitchens and FR's w/fpls. Recent heating, AC, painting, carpeting and septic. Close to village & waterfront. Possible additional bldg lot.
MLS: M9136933 \$497,500
Donn Holland 860.227.4737



LIGHT, BRIGHT CONTEMPORARY

Ivoryton: Open floor plan, 2 fireplaces, cathedral ceiling and multi-level deck on beautiful neighborhood cul-de-sac adjacent to Nature Preserve. Wonderful home for sophisticated single or couple.
MLS: M9140381 \$389,000
Natalie Lindstrom 860.526.2468



WALK TO IVORYTON VILLAGE

Essex: Close to nature preserves & walk to the village. Open kitchen/FR with fpl, & French doors leading to large, private deck. MBR features palladium window, vaulted ceiling, French doors to balcony.
MLS: M9139998 \$359,900
Denise Clerkin 860.227.3148



CUL-DE-SAC LOCATION

Ivoryton: Spacious 4BR, 2.1 bath Colonial with lots of upgrades. Remodeled Kitchen, new wood flooring and remodeled master bath. "Designer" deck invites you to enjoy a private setting. Steps from Bushy Hill preserve.
MLS: M9140679 \$345,900
Denise Clerkin 860.227.3148

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Essex Village: Stately colonial located on .84 acres of Village proper property. Over 3700 sq. ft with 5 bedrooms 3.1 baths. Central A/C, garage, heated in-ground pool, hardwood floors and remodeled baths. In-law or home business compatible. Beautifully landscaped grounds. Plenty of off-street parking. A must-see if looking for village living. \$675,000 Maureen Wiltsie O'Grady 860-767-8635 x16



Essex: REDUCED! You must see this wonderful property, on a cul de sac. This 2900 sq. ft. home. You will appreciate the return in value in the near future as you enjoy the privacy, gardens, 3 fireplaces, 3½baths, and major renovation inside & out.. Designed with charm to please everyone, plus much more. Walk to the Village! \$670,900 Maureen Wiltsie O'Grady 860-767-8635 x16



Essex: The Perfect House Located in the Village of Essex this newer home has all the amenities one could wish for. Located on a private 1/3 acre with gorgeous outdoor patio, fireplace, and specimen planting? The interior features the finest finishes, open floor plan, man cave finished basement, 3 bedrooms and 2 full and 2 half baths. \$625,000 Maureen Wiltsie O'Grady 860-767-8635 x 16



Essex Village: New England Cape Cod, warm and inviting 4 Bdrm. Intimate dining room. New Kitchen with granite counters, tile floor. Remodeled baths. Living room with gas FP. Stone patio, back deck, covered front porch, 2 car garage with Summer Room. MOVE IN READY! \$409,500 Joann Stone 860-767-8635 x 24



Essex: Pristine custom constructed colonial farmhouse with an abundance of natural light located in lovely sought after neighborhood. Level corner lot, beautiful gardens, and close to the Village. Three bedrooms, 2 baths, partially finished basement, 3-car garage plus custom outbuilding. Oil heat with central air conditioning. \$519,000 Call Joyce DeFord 860-767-8635 x 14



Essex 192 Westbook Rd Lease: 1500 or 3000 sq. ft. Medical or professional office space. Newly fitted out to class "A" office standard. Handicap ramp, high visibility, abundant parking, immediate occupancy. Favorable lease terms and conditions. \$16 - \$18 per square foot. David Winstead 860-767-8635 x 19



Old Saybrook: Cute open concept ranch with gleaming hardwood flooring throughout and large detached garage. Three bedrooms, 2 full baths, cathedral ceilings, central A/C. All rooms are large and the basement is huge with extra height ceiling. Nine years young! \$389,000 Randi Bradbury Childress 860-767-8635 x 13



Ivoryton: New England four bedroom Colonial. Custom quality built home, one owner 42 years. Four bedrooms, 3 1/2 bath, 4 FPs. Huge Sunroom, 3 car detached garage with office above. Tranquil setting overlooking babbling brook and pond. Attached legal apartment with living room with FP, bedroom and kitchen. Room for the whole family. Situated on 2.9 acres. \$420,000 Call Joann at 860-767-8635 x 24



Essex: Quintessentially New England. Located on a quiet Village lane close to shops, galleries, museum, and restaurants this ca 1800's Cape Cod style home has been lovingly maintained and updated throughout time. Three bedrooms, 3 baths and 3 fireplaces. New kitchen and wonderful enclosed wrap around porch in rear overlooking specimen plantings, and stone patio. \$535,000 Maureen Wiltsie O'Grady 860-767-8635 x 16

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